

**Christ Lutheran Church  
St. Catharines, ON**

The 15<sup>th</sup> Sunday after Pentecost  
September 1<sup>st</sup>, 2024



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**Christ Lutheran Church**  
140 Russell Avenue  
St. Catharines, ON  
L2R 1W1

**Phone: 905-685-8294**  
**Church Website: [www.christlutheransc.ca](http://www.christlutheransc.ca)**

**Romans 10:15 - - *How beautiful are the feet of those who preach the gospel of peace, and bring glad tidings of good things!***

**Office Hours:** Tuesday to Friday – 9 a.m. to 12 noon

**Bulletin Announcements:** Please send to [secretary@christlutheransc.ca](mailto:secretary@christlutheransc.ca)  
Deadline for submission is Wednesday at 1 p.m.

**Pastor:** Rev. Todd Hoeffs 289-362-0113 [pastortoddhoeffs@gmail.com](mailto:pastortoddhoeffs@gmail.com)  
**Deaconess:** Louise Gondosch 905-329-8579 [parish.assistant@christlutheransc.ca](mailto:parish.assistant@christlutheransc.ca)  
**Business Manager:** Emily Fernando 905-685-8294 [business.manager@christlutheransc.ca](mailto:business.manager@christlutheransc.ca)  
**Secretary:** Bronwyn Goodburn 905-685-8294 [secretary@christlutheransc.ca](mailto:secretary@christlutheransc.ca)  
Facebook [www.facebook.com/ChristLutheranChurchSC](http://www.facebook.com/ChristLutheranChurchSC)  
CLChurch YouTube channel Christ Lutheran Church-YouTube (*link*)  
Pastor Todd's YouTube channel "Gathering the Scattered" (*link*)  
Rev. Noel Richard, Concordia Lutheran Theological Seminary Colloquy Student Fieldworker

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**WELCOME TO CHRIST LUTHERAN CHURCH!**  
**We're glad you've joined us for worship!**

Please be aware that our Worship Services are ***recorded and posted on YouTube and Facebook***. There is, although very slight, a possibility that your image might be posted. If you have any concerns, please either speak to the Elder on duty or alternatively seat yourself more towards the back of the sanctuary or along either of the outside aisles. May our gracious and loving Lord bless you as you worship Him. We pray we all remain safe and healthy.

**PRAYER BEFORE WORSHIPPING**

Gracious God we thank you for our family, friends and neighbours and for those around us with whom we work and share our daily lives. Give us a true awareness that we all share your world with others and help us to make our homes welcoming places that reflect our Christian beliefs. Amen.

**DAILY SCRIPTURE MEDITATIONS**

Monday: Psalm 144:9-15      Wed: Mark 7:9-23      Friday: Proverbs 4:10-27  
Tuesday: 1 Peter 2:19-25      Thurs: Psalm 125      Saturday: Matthew 15:21-31

**Musician** – Louise Gondosch + **Reader** – Noel Richards

**ALSO HAPPENING THIS WEEK AT CHRIST LUTHERAN**

- Monday: Labour Day
- Tuesday: 9:30 – 10:30 AM Prayer Meeting  
7:30 PM Worship Committee Meeting
- Wednesday: 7 PM BOD/Council/Bylaw Meeting
- Thursday: 7:15 PM Promise Band
- Sunday: 9 – 9:50 AM New Members Sunday, Sunday School Rally Day and  
Coffee Hour  
10 AM – Communion

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**September 2024 Worship Schedule**



- September 8<sup>th</sup> - Creative Holy Communion
- September 15<sup>th</sup> – Service of Prayer & Preaching
- September 22<sup>nd</sup> – LSB Setting One Communion
- September 29<sup>th</sup> – Lutheran Catechism Service

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*Flowers have been placed on the altar this morning by Andy & Bette Vasko & Family in memory of John Vasko Junior*

**Coffee, Tea and Treats starting Sunday, 8<sup>th</sup> September 2024** from 9 to 9:50 AM (during Sunday School).

Anyone willing to help serve or bring treats, please contact Judy Mason.



**PRAYER MEETING** every Tuesday morning from 9:30 to 10:30 a.m. Join us in praying for our church, our community and our nation.



**SUNDAY SCHOOL RALLY DAY** is next Sunday September 8th! We are excited to welcome children back to our Sunday school and the wonderful year we have planned learning Bible stories, memorizing scripture and a craft to reinforce it all. Parents don't forget our Coffee Hour will also be in full swing for you to join together with others for Christian conversation. We ask the congregation please keep our Sunday school children and staff in your prayers; that all we teach and learn gives glory to God our Father.

**PRECIOUS MOMENTS:** We pray everyone has enjoyed the summer break! We look forward to once again connecting with you and your "precious ones" for our time together, praying, playing, singing about Jesus, reading and learning stories from the Bible, making a special craft and enjoying a yummy snack.

If you or someone you know has a preschooler and would like to join us please encourage them! We meet Tuesday mornings from 9:30 - 11:00 a.m. in the church nursery. The coffee and tea is always on and you will be greeted with friendly smiles. Hope to see you there.

**WOMEN'S BIBLE STUDY:** Fall is upon us and our opportunity to jump back into studying God's Word together! We will plan to meet at the church Thursday September 19th at 7:15. If you have suggestions for topics for us to consider please let Louise know in the next week. Please feel free to join us.

**"SEWING SIRCLE" starting from Monday. 9<sup>th</sup> September 2024, from 1 to 4 PM.** Sewing teams gather in the church basement devoted to making necessary items for the Haiti Mission and various other missions. Lots of seamstress duties are needed, but sewing is the #1 priority and anyone is welcome to come. Please speak to Wendy Hyatt if you need any further information.

### **LWML-C/MARY MARTHA EVENTS**

Please join us for our LWMLC event on Tuesday, September 17 at 7 pm. We are very pleased to welcome Pastor Gery Luck, volunteer and Board member of LAMP Ministries to speak about The 55 for 55 program of LAMP for 2025 and Heather Simons, who will speak about her recent mission trip to Kingfisher Lake on the team led by Pastor Jeff Swords. Let's show our support for this wonderful mission.

See Convention Connection Insert for highlights from the Twelfth Regular Convention!



### ***ARE YOU GRIEVING THE LOSS OF A LOVED ONE?***

**Grieving with the Saints** is a new group bereavement program being offered at Grace Lutheran Church, 213 Linwell Road, St. Catharines. Christians dealing with grief receive support with one another through Holy Scripture, hymns and other aids. The group is offered in an informal setting in the Grace library Monday evenings, from 7 to 8:30. The program goes from Sept. 9 to Oct. 28. Space is limited, so preregistration is required by Wed., Sept. 4. To preregister, call (905)646-0113 or send an email to [pastor@gracelutheranstcath.com](mailto:pastor@gracelutheranstcath.com).



**FAMILY FUN DAY AT GRACE LUTHERAN CHURCH  
SATURDAY SEPTEMBER 14 FROM 2 TO 4 P.M.**

Bouncy castle, face painting, cotton candy, hot dogs. FREE.  
Bake sale fundraiser to go to Community Crew which provides nutritious lunches to kids who need them.

**Last Sunday's Attendance – August 25<sup>th</sup>, 2024: 51**

**WEEKLY OFFERINGS**

	<b>Budget</b>	<b>Weekly need</b>	<b>Last Sunday</b>	<b>2024-08-25</b>	
				<b>YTD</b>	<b>+ / (-)</b>
Current	303,899.00	5,844.21	1,138.00	121,102.84	(83,444.56)
LCC Missions	17,500.00	336.54	75.00	13,755.36	1,976.51
Property Improvements			12.00	3,368.00	



**Lutheran Hour Ministry Sermons:** *These highly regarded sermons are broadcast each Sunday morning on 99.5 FM WDCX, Buffalo, at 10:30 A.M. Check the website for participating stations or you can listen any time to a podcast or MP3 or read the text at [www.ill.ca](http://www.ill.ca).*


*They are a worthwhile addition to your regular observance of the Lord's Day and a particularly helpful alternative if you know you will be unable to attend our regular Worship Service at Christ Lutheran Church for any reason. The Lutheran Hour speaker is Rev. D. Michael Zeigler.*



**FOOD HANDLER CERTIFICATION** – It is time for those who obtained their Food Handler Certification in September, 2019 to update their certification. Currently there are 13 members who have completed their certification. There are 2 options available for re-certification. One is to review the Food Handler's Training Manual and attend a Refresher course with exam and the other is to do a self-study of the Food Handler's Training Manual and an in-person exam at the Region office.

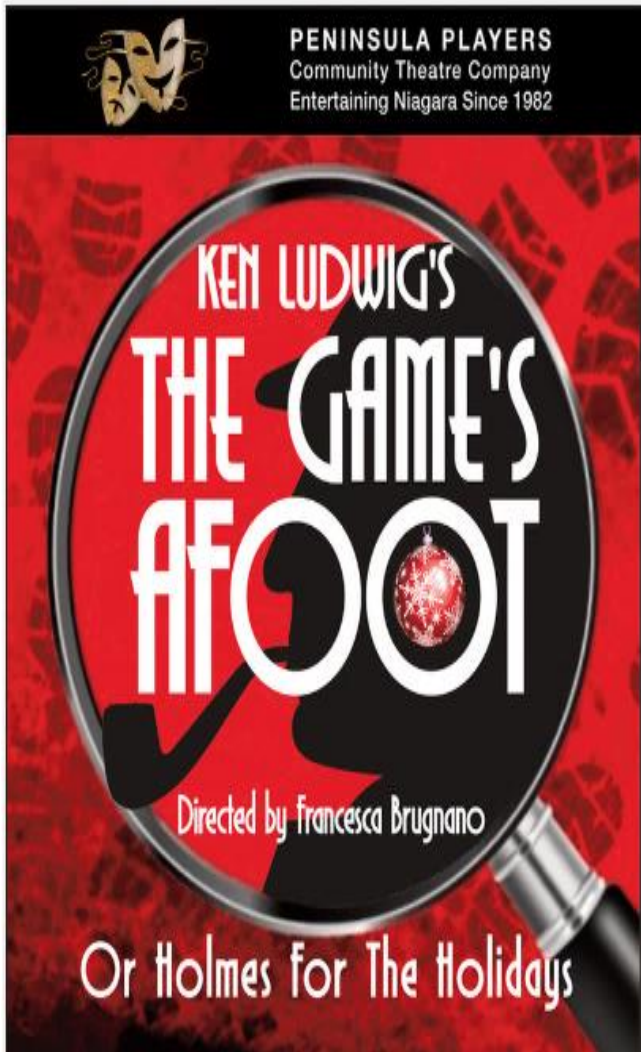
In order for a representative of Niagara Region Public Health to attend at the church, and do the refresher course and exam, participation of 15 people is required. The cost for either option is \$25 per person. Please advise Judy Slingerland as soon as possible of your intention to participate as which option we intend to use to complete the Refresher course will be discussed at the Mary Martha meeting in September. Information is available should anyone who has never been certified wish to complete the full course.





**POSITIVE LIVING NIAGARA** is also in need of applesauce, all flavours of pudding and Jell-O [pre-made, not instant] along with boxes of Bear Paws. They are so grateful for our donations and there is a great need for these items. Please drop off in the BEARPAW box in the narthex under the long table. Thank you!

**Positive Living is also in need of the following items:** toothpaste, toothbrushes, socks, mittens [for male and female], small cans of cat or dog food. Pastor Todd will have another box in the narthex table to hold these items. Thank you. [Notice their response of thanks on Pastor Todd's Facebook posting]



**PENINSULA PLAYERS**  
Community Theatre Company  
Entertaining Niagara Since 1982

**KEN LUDWIG'S**  
**THE GAME'S AFOOT**

Directed by Francesca Brugnano

**Or Holmes for The Holidays**

**The Fellowship Committee presents**  
Peninsula Players  
**THE GAME'S AFOOT,**  
TRINITY UNITED CHURCH  
100 Main St. West, Grimsby  
**GALA NIGHT**  
**FRIDAY NOVEMBER 8<sup>th</sup>, 2024**  
**8:00 p.m.**  
**Tickets \$30 each includes wine and cheese**  
You must order and pay for your tickets from any Fellowship Member by  
**FRIDAY OCTOBER 4<sup>th</sup>**  
Contact Tim & Elly Reck or Judy Mason

Plot: This play tells the story of Broadway star William Gillette, who has invited his fellow cast-members to his Connecticut castle for a weekend of revelry. The festivities in this isolated house of tricks and mirrors quickly turn dangerous. Then it's up to Gillette himself, who just happens to think he's Sherlock Holmes, to figure out this glittering whodunit set during the Christmas holidays.

# CHRIST LUTHERAN CHURCH

*Lutheran Book of Worship Service of the Word © 1978*

## The 15<sup>th</sup> Sunday After Pentecost

September 1, 2024 + 10 AM worship

ENTRANCE HYMN "For The Beauty Of The Earth"

[www. Hymnary.org](http://www.Hymnary.org)



1 For the beau - ty of the earth, for the glo - ry of the skies,  
2 For the won - der of each hour of the day and of the night,



for the love which from our birth o - ver and a - round us lies:  
hill and vale, and tree and flower, sun and moon, and stars of light:



Lord of all, to thee we raise this our hymn of grate - ful praise.

5. For Yourself best gift divine, to the world so freely giv'n  
Agent of God's grand design, peace on earth and joy in Heav'n;  
Lord of all, to Thee we raise, this our hymn of grateful praise.

TEXT: Follitt Sandford Pierpoint, 1864, alt.  
MUSIC: Conrad Kocher, 1838; abr. William Henry Monk, 1861; harm. *The English Hymnal*, 1906

DIX  
7.7.7.7.7

### SCRIPTURE GREETING

In the name of the Father and of the Son + and of the Holy Spirit.

**Amen.**

Blessed are you, O Lord our God, king of the universe,

**for in your wisdom you have formed us.**

You feed the hungry and clothe the naked.

**We bless you and praise your name forever.**

You set free those who are bound.

**We bless you and praise your name forever.**

You raise up those whose courage falters.

**We bless you and praise your name forever.**

You provide for our every need.

**Accept our grateful praises.**

You have called us from all peoples.

**We rejoice and bless your name forever.**

You bless your people with peace.

**We bless you and praise your loving grace.**

Blessed are you, O Lord our God, king of the universe,  
**for in your wisdom you have formed us.**

### THE APOSTLES' CREED

God has made us his people through our Baptism into Christ. Living together in trust and hope, we confess our faith.

**I believe in God, the Father Almighty, Maker of Heaven and earth. And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven, and sits at the right hand of God, the Father Almighty, from thence he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Christian church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life + everlasting. Amen.**

### SCRIPTURE PRAISE CANTICLE

*We'll Understand It Better By And By*

Text: from Isaiah 55



1 We are of - ten tossed and driven on the rest - less sea of time,  
2 We are of - ten des - ti - tute of the things that life de - mands,  
3 Tri - als harsh on ev - ery hand, and we can - not un - der - stand



Som - ber skies and howl - ing tem - pests oft suc - ceed a bright sun - shine;  
Want of food and want of shel - ter, thirst - y hills and bar - ren lands;  
All the ways that God would lead us to that bless - ed prom - ised land;



In that land of per - fect day, when the mists have rolled a - way,  
In our God our trust's as - sured, and ac - cord - ing to the Word,  
We are guid - ed by God's eye, and we'll fol - low till we die,

*to Refrain*



We will un - der - stand it bet - ter by and by.





By and by, when the morn-ing comes, when the saints of

God are gath - ered home, We'll tell the sto - ry

how we've o - ver-come: for we'll un - der-stand it bet-ter by and by. (by and by.)

*This is probably Charles A. Tindley's most celebrated gospel hymn of the early twentieth century. Far from being a song that merely looks heavenward, Tindley's song identifies poverty as a social problem.*

Tune: BY AND BY Irr. with refrain  
Charles Albert Tindley, c. 1906  
Transcribed by F. A. Clark, 1906

## PRAYER OF THE DAY

Let us pray: Almighty and merciful Father, in Your constant mercy cleanse and defend Your church. Guide her forever by Your grace because she cannot remain faithful without You. We ask this through Jesus Christ, Your Son, our Lord, Who lives and reigns with You and the Holy Spirit, one God, now and forever. **Amen.**

## THE WORD OF GOD

### **The Old Testament:** *Deuteronomy 4: 1-2, 6-9*

So now, Israel, give heed to the statutes and ordinances that I am teaching you to observe, so that you may live to enter and occupy the land that the LORD, the God of your ancestors, is giving you. You must neither add anything to what I command you nor take away anything from it, but keep the commandments of the LORD your God with which I am charging you. You must observe them diligently, for this will show your wisdom and discernment to the peoples, who, when they hear all these statutes, will say, 'Surely this great nation is a wise and discerning people!' For what other great nation has a god so near to it as the LORD our God is whenever we call to him? And what other great nation has statutes and ordinances as just as this entire law that I am setting before you today? But take care and watch

yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children— This is the Word of the Lord. **Thanks be to God.**

**The Epistle:** *Ephesians 6:10-20*

[St. Paul writes]: Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our<sup>[a]</sup> struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak. This is the Word of the Lord.

**Thanks be to God.**

**GOSPEL VERSE** *[Spoken together]*

**Alleluia! Alleluia! I chose you to go and bear fruit, fruit that will last. Alleluia!**

**The Holy Gospel** *St. Mark 7:14 -23*

The Holy Gospel, according to St. Mark, the 7<sup>th</sup> chapter:

**Glory to You, O Lord.**

Jesus called the crowd again and said to them, 'Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.' When he had left the crowd and entered the house, his disciples asked him about the parable. He said to them, 'Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile, since it enters, not the heart but the stomach, and goes out into the sewer?' (Thus he declared all foods clean.) And he said, 'It is what comes out of a person that defiles. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.' This is the Gospel of the Lord.

**Praise to You, O Christ.**

CHILDREN'S LESSON

GOSPEL SONG *"Go Labour On"*

[Tune: *On Jordan's Bank the Baptist Cry*]

1. **Go, labour on: spend, and be spent, Your joy to do the Father's will:  
It is the way the Saviour went; Should not all servants walk it still?**
2. **Go, labour on! 'Tis not in vain, Your earthly loss is heav'nly gain;  
Some hearers love you, some not say; Our Saviour praises: tis His way.**
3. **Go, labour on while it is day: The world's dark night is hast'ning on;  
Speed, speed Your work, throw sloth away; It is not how God's souls are won.**
4. **Toil on, faint not, keep watch and pray; Be wise the erring soul to win;  
Go forth into the world's highway; Compel the wand'rer to come in.**
5. **Toil on, and in your work rejoice! From work comes rest, for solace, home;  
Soon you will hear the Saviour's voice, the midnight call, "Behold, I come!"**  
*PUER NOBIS [On Jordan's Bank] Horatious Bonar, 1843; public domain 8888*

MESSAGE

BRIEF ORDER FOR CONFESSION & FORGIVENESS

Jesus says in the 5<sup>th</sup> chapter of Matthew's Gospel:

So when you are offering your gift at the altar,

**and if you remember that your brother or sister has something against you,**  
leave your gift there before the altar and go; first be reconciled to your brother or sister,  
**and then come and offer your gift.**

Let us now be reconciled to our God and to one another:

Gracious Father,

**we confess that we have sinned against you in thought, word, and deed. We have placed ourselves above You and above others. We have denied the truth, spoken or thought hurtful things, acted in ways we wish we could take back, and looked the other way when our help was needed. In your mercy, O God, forgive us, renew us, cleanse us, and heal us, for the sake of Jesus Christ, our Saviour. Amen.**

In the stead and by the command of my Lord Jesus Christ, I forgive you all of your sins in the name of the Father and of the Son + and of the Holy Spirit.

**Amen.**

OFFERING SONG *"Amazing Grace, Shall Always Be"*

[O Danny Boy tune]

G/A D D/F# G

A - maz - ing grace shall al - ways be my song of praise,

5 D A A/C#

for it was grace that bought my li - ber - ty. I do not

10 D D/F# G G/B Gm/Bb D/A

know just why He came to love me so, He looked be - yond my

**CHORUS**

15 A7 D D A/G G G/A

fault and saw my need. I shall for - ev - er lift mine eyes to

20 D A/C# Bm F#m7 A/G G D/F# A<sup>sus</sup>

Cal - va - ry, to view the cross where Je - sus died for me.

25 A A/C# D F#7 G D Bm

How mar - vel - ous the grace that caught my fall - ing soul.

29 D/A G/A A7 D

He looked be - yond my fault and saw my need.

OFFERINGS *are gathered &* THE SHARING OF THE PEACE

### PRAYERS FOR LABOUR DAY

Bless the Lord, O my soul,

**and all that is within me, bless his holy name.**

He redeems my life from the grave,

**and crowns me with mercy and lovingkindness.**

Through our work, you made us co-creators with you, shaping the world in which we live.

**You gave dignity to our labor by sending your Son to labour with us.**

As we rest from our usual labors, loving Father, we pray for all who shoulder the tasks of human labor—in the marketplace, in factories and offices, in the professions, and in family living. We thank you for the gift and opportunity of work; may our efforts always be pure of heart, for the good of others and the glory of your name.

Lord, in your mercy, **hear our prayer.**

We pray for our nation, our leaders, our neighbours here and around the globe and all who labor to make this country free, and a haven of blessing, justice, and peace.

Lord, in your mercy, **hear our prayer.**

We lift up to you all who long for just employment and those who work to defend the rights and needs of workers everywhere. May those who are unemployed, disabled, or retired always remember that they still make a valuable contribution to our Church and our world by our prayers and deeds of charity. Lord, in your mercy, **hear our prayer.**

We pray for our brothers and sisters in this community, for the sick, the suffering, the burdened, especially.....and all who live in the wake of terror, especially....we also remember all who rest, recreate and travel, celebrating birthdays and anniversaries, that You remain the centre of their joy. Lord, in your mercy, **hear our prayer.**

Hear our prayers on this day of rest and strengthen us for the week ahead. We pray that you would be present with those who work by day, and those who work by night. We pray knowing that You labour on, and that your yoke is easy, and your burden is light; Lord, in your mercy, **hear our prayer.**

May our working and our resting all give praise to you until the day we share together in eternal rest with all our departed in your Kingdom as you live and reign Father, Son, and Holy Spirit, one God, forever and ever. **Amen.**

### THE LORD'S PRAYER

Lord, remember us in Your Kingdom, and teach us to pray:

**Our Father, Who art in Heaven, hallowed be Thy name, Thy Kingdom come, Thy**



**will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory, forever and ever. Amen.**

#### BENEDICTION

The Lord bless you and keep you; the Lord make His face shine on you and be gracious to you. The Lord upon you with favour, + and give you peace. **Amen.**

#### **SENDING SONG** *“Lift High The Cross”*

**Lift high the cross, the love of Christ proclaim,  
till all the world adore His sacred Name.**

**1. Come, Christians, follow where our Captain trod,  
our King victorious, Christ the Son of God.**

**Lift high the cross, the love of Christ proclaim,  
Till all the world adore His sacred Name.**

**2. All newborn soldiers of the Crucified  
Bear on their brows the seal of Him Who died.**

**Lift high the cross, the love of Christ proclaim,  
till all the world adore His sacred Name.**

**6. O Lord, once lifted on the glorious tree,  
raise us, and let Your cross the magnet be.**

**Lift high the cross, the love of Christ proclaim,  
Till all the world adore His sacred Name.**

**7. So shall our song of triumph ever be:  
Praise to the Crucified for victory.**

**Lift high the cross, the love of Christ proclaim,  
Till all the world adore His sacred Name.**

**8. Let every race and every language tell  
of Him Who saves our souls from death and hell.**

**Lift high the cross, the love of Christ proclaim,  
Till all the world adore His sacred Name.**

*Words: George W. Kitchin (1827-1912). Modified by Michael R. Newbolt, 1916. Music: 'Crucifier' Sydney H. Nicholson, 1916. Setting: Lutheran Worship, © 1982, 1922. public domain. This score is a part of the Open Hymnal Project, 2006.*

From [sundaysandseasons.com](http://sundaysandseasons.com).

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# KIDS' LECTIONARY LEARNING

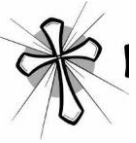
14TH SUNDAY AFTER PENTECOST

BIBLE LESSON: MARK 7:1-13

“This people honours me with their lips, but their heart is far from me . . .”

- Mark 7:6b





## CRYPTOGRAM

Jesus urges people to look at why they do the good things they do. We should do good things not just for show, but to praise and please God!

Match the letters to these symbols to reveal what Jesus says to the Pharisees about following other people instead of God!

Match the letters to these symbols to reveal what Jesus says to the Pharisees about following other people instead of God!

A	B	C	D	E	F	G	H	I	J	K	L	M
*	∇	∩	Σ	♀	∇	☉	≡	⊙	⊗	∞	∩	☰

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
☰	◁	∩	∩	∩	∩	∩	∩	∩	∩	∩	∩	∩

\* ☰ Σ ≡ ♀ ∩ \* ⊙ Σ ∩ ◁ ∩ ≡ ♀ ☰ ∩ ◁ ⊗

≡ \* ∩ ♀ \* ∩ ⊙ ☰ ♀ ∩ \* ∩ ◁ ∩

∩ ♀ ⊗ ♀ ∩ ∩ ☰ ☉ ∩ ≡ ♀

∩ ◁ ☰ ☰ \* ☰ Σ ☰ ♀ ∩ ◁ ∩ ☉ ◁ Σ ⊙ ☰

◁ ∩ Σ ♀ ∩ ∩ ◁ ♀ ∩ ∩ \* ∩ ∩ ⊙ ∩ ≡ ∩ ◁ ⊗ ∩

∩ ∩ \* Σ ⊙ ∩ ⊙ ◁ ☰ !”

- Mark 7:9



**Let Us Pray Together:** Dear Father in heaven, thank You for sending Jesus to teach us about how to follow your commandments. Holy Spirit, help us to follow God's commands and to love our neighbour. In Jesus' name we pray. Amen.